

Sir Roger de Coverley

(aka The Virginia Reel)

(a five couple, proper, progressive, longways formation)*

Head Lady and Foot Man forward and back. Head Man and Foot Lady forward and back.
Head Lady and Foot Man turn by right hands. Head Man and Foot Lady turn by right hands.
Head Lady and Foot Man turn by left hands. Head Man and Foot Lady turn by left hands.
Head Lady and Foot Man turn by both hands. Head Man and Foot Lady turn by both hands.
Head Lady and Foot Man do-si-doe by right shoulders. Head Man and Foot Lady the same.
Head couple sashay down the center of the set and back to place.

(The Reel)

Head couple arm right one and $\frac{1}{2}$ times around; arm left with the 2nd couple.

(Men arm left with women; women arm left with men.)

Head couple arm right once around (in the center of the set); arm left with the 3rd couple.

Head couple arm right once around; arm left with the 4th couple.

Head couple arm right once around; arm left with the 5th couple.

Head couple arm right once around; arm left with the 6th couple.

Head couple arm right one and $\frac{1}{2}$ times around until on the proper side of the set
and then sashay to places at top.

(The March)

Head couple cast out of the set (man on men's side and woman on women's side) and walk to the bottom place with **all couples** following behind ("like ducks in a row").

Upon reaching the bottom position they form an arch and all couples walk under the arch following the 2nd couple who stops at the lead position; at this point the set has progressed (the 2nd couple is in the 1st couple's position; the 3rd couple is in the 2nd couple's position; the 4th couple is in the 3rd couple's position, etc.)

Repeat all three sections five times until the first couple are in their original position.

(The Coda)

Depending on the music, the dance master will call the honors so that the moves are done with partners (lines forward and back, turn your partner by right hand, turn your partner by left hand, etc.) until the reel starts.

The head couples of the first sets at the head of the hall sashay down the middle of all the other sets in the line until they reach the bottom of the hall.

While they are sashaying the lines are moving, with couples walking in the lines to the top of the hall; upon reaching the top each couple joins in and sashays to the bottom (think of a slide in a school yard; you slide down and then race to the ladder where you wait and move in line to reach the top of the slide). Sometimes people will polka, prance, skip, etc. instead of sashaying; it doesn't matter, just reach the bottom in one piece.

Eventually the dance master will call for the promenade to begin (counter-clockwise) and the dance is finished with a polka around the floor.